

- the - BRIDGE

CENTRAL BUCKS SENIOR ACTIVITY CENTER

700 N Shady Retreat Road
Doylestown, PA 18901
Phone: 215-348-0565
Fax: 215-348-7580
website: cbseniors.net
E mail: cbsenior@comcast.net

Senior Center Open

Monday-Friday 9:00 am-3:00 pm
Center available for Rentals

Manager - Jerry Fox

**Assistant Manager and Kitchen
Manager - Arlene Fox**

Custodian—Stephen Helm

OFFICERS

President - Audrey Jefferson

Secretary - Catherine Borges

Past President—Linda Currie

1st VP— Marge Rubin

2nd VP—Carolyn Ford

Treasurer - Rick Gaver

BRIDGE STAFF VOLUNTEERS -

Linda Currie - Steve Danatzko
Pat Pepe
Gary Haas, Sue Haas, Joan
Bowers, Lynne Venters

**We had 103 new members sign
up since January, 2024 !!**



**Tony Arminio, Gold Medal Winner
at the 2024 Senior Games.**

The Central Bucks Senior Activity Center (CBSAC) is one of four, full-service senior centers operated by Bucks County Association for Retired and Senior Citizens, a not-for-profit corporation on Aging. This project is funded, in part, under a contract with the Pennsylvania Department of Aging and The County of Bucks. The BCARSC is an equal-opportunity employer.

CBSAC is an activity Center, helping members to lead richer, fuller lives by providing a variety of programs to both entertain and stimulate. It has an elected executive board. There are monthly meetings at which members may express their support and concerns. This Center has been providing services to the Bucks area for over 30 years.

Handicapped Parking Spots

You may park in a handicapped parking space if you have a placard that is displayed and visible. If you do not have a placard you may not park in any handicapped parking spot! If you do, you will be asked to move your car immediately.

Our Calendar of Regular Happenings, Closures and Special Events is on page 8 for this edition.

**Please check there to see
WHAT'S HAPPENING!**

Applegate Procedure

We have a new procedure for signing up. There will be a paper registration list at the front desk identified for the appropriate week. You may register in person on Tuesday or Wednesday. We will accept phone calls Thursday AM only. Either way, your name and date of registration must be on that week's sheet. If you are not on this list, you will not qualify for a distribution. There will be a limit of 50 slots.

We need time to prepare the packages, so on a normal Thursday we will start at 1:00, or 1:30 if there is a Lunch and Learn. Unless other arrangements have been made, anything remaining after 2:00PM will be distributed. Nothing will be held past 2PM.

If you have suggestions or wish to help with this procedure, please volunteer so that the process can go smoother.

3rd Quarter 2024 — July through September

-WELCOME-

Manager's Musings

This year's election had the largest number of members voting in our recent history. I wish to thank our outgoing Executive Committee for their devotion and support of the Center and its activities. Specifically, I wish to thank outgoing President Linda Currie for her many years of leadership. Linda led the efforts to recover from the Covid Pandemic. She will continue her many years of service as Past President on the Executive Committee. She has been the fundraising leader for Bingo, Holly Fair, Cash Bash and the recent Flea Market.

Thank you to the Nominating/Election Committee for their efforts in conducting a smooth process. Congratulations to the incoming Officers. Their photos will appear elsewhere in the Bridge. Newly elected President Audrey Jefferson will appoint two (2) Members-at-large to complete the Executive Committee. There are a number of Standing Committees that will require both leadership and members. Please contact Audrey to offer your services and help. Remember, "one person does not a committee make."

We have had several Dine 'n' Donate get-togethers and they have been well-attended. Thanks to Audrey for coordinating these FUNdraisers. Among the venues visited have been New Britain Inn (NBI), Station Tap House and Candlewyk.

Repairs to the Air conditioning system have been made and the Plumstead (dining) room is now a comfortable 72 degrees. Previously, I had reported that we had applied for a Community Development Block Grant (CDBG) for repairs/improvements to our building and its facilities. Unfortunately, because of the volume of applications, we were denied this grant. Carolyn Ford, who had worked on the grant submittal, and I, are continuing to search for grant opportunities.

We held an initial "Youtube" group meeting in April to investigate different items of interest. We will try to schedule this as an ongoing group. Please stop by the office to express your interest. We have a suggestion box at the front desk and encourage you to use it; if you sign your name, we can respond to you, if necessary.

I have requested that you sign in to the CoPilot system. Too many of you are not signing in as activity participants. That includes hot/cold lunches. It gives the appearance that our Center is under-utilized. Only 70% of you who have lunch at the Center are signing in to CoPilot. Please cooperate.

Thank you to all our volunteers. You are the ones who keep this place humming.

Jerry

Assistant Manager Message

Summer is here once again! The dining room air conditioning has been repaired so we can dine in comfort again. A big THANK YOU to all of the kitchen volunteers for working in the heat of the summer and making sure all of us can have an enjoyable hot or cold meal each day.

Our front desk volunteer, Jean Morris, has moved out of the area and will not be coming back. She has been a volunteer for many, many years and has also served on the Board. She remembers selling cinnamon buns and helping in the kitchen in addition to the front desk duties. She has been chosen as our Volunteer of the Quarter for this issue.

As you know, we will have a new Board, and we hope all of you will plan to attend our monthly general meetings. So, please stay out of the sun, but do enjoy the warm weather, beautiful sunsets, and resuming our gardening club.

Arlene Fox

MESSAGES

All information to be published in our newsletter MUST be submitted in digital format no later than the 10th of each appropriate month of March, June, September or December. Anything submitted after this date will be published in the next quarter's edition.

Chorus sings out!

At the moment, the chorus is almost a dozen people. We have already had our first performance and look forward to many more in the upcoming months.

We meet on Tuesdays at 1:00

Quilts for Veterans



We meet on the third Wednesday of each month from 9:30AM to 3:00PM. Please bring a sewing machine and lunch. For more information, contact Arlene Neuman at the CBSAC.

The Quilters have donated a quilt to the Senior Center to be raffled off to benefit our members. A future date will be announced.

CO-PILOT NEWS

OUR NUMBERS ARE DOWN—WE NEED YOU TO MAKE SURE YOU AND YOUR ENTIRE GROUP HAS BEEN CHECKED INTO COPILOT TO OPTIMIZE OUR FUNDING. YOUR COOPERATION IS APPRECIATED!

In addition to checking in on CoPilot we also maintain a write-in list which is a safety requirement from the County. Before you leave the building please cross your name off the list.

Home PRE-registration: If you are comfortable using a computer at home, you can now Preregister from home for lunch. Go to www.copilotcommunity.com, supply an email address, and have the number on the back of your CoPilot bar code card handy instead of a password. If you do not see the Central Bucks Senior Center at top, use the CHANGE CENTER box to get there. Then, create an account if new to the process. You can then use the menu at the top of the page to select PREREGISTRATION to do so for daily lunches. Use the NEXT button top/right to move through the weeks available. It's pretty intuitive, so explore as necessary. You can't do any damage to your account, so, please, CHECK IT OUT.

CENTER NEWS



The Garden Club

The Garden Club, consisting of Suzy B., Grace R., Paul H., Dolores V. and Barbara M., planted tomatoes, peppers, cucumbers, zucchini, asparagus, beans, string beans, zinnias, marigolds and basil, just to name a few. Now that all plants are in the raised beds we just have to weed, water and fertilize. The members involved in the Garden Club benefit from its produce.

All members are encouraged to weed, trim and plant any plants they would like, with the manager's approval. We are awaiting approval of the township for planting fruit and berry plants.



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MORE CENTER NEWS AND UPDATES

Weis and Snipes Food Distribution Programs

Our Center receives food distributions from Weis each Wednesday morning, when available. Donations may consist of baked goods, like rolls, bread, bagels, donuts and cakes. A special thanks to Gary Haas for his help with this program.

Snipes' fresh produce is available every other Wednesday starting June 26 through September. The Snipes sign-up sheet will be at the front desk the week before each distribution. You must sign up in person; there are no phone-ins.

Gift Shop

Marilyn Tori, who oversees the Gift Shop, would like to thank all of you who have made donations. She VERY MUCH appreciates our customers, as well. We wish to extend our continued appreciation to Joan Bowler and Donna Dunn for their support. Open Monday and Thursday from 10:00 to 1:00.

KEEP THINGS COMING / GOING!

Featured Volunteer

Jean Morris



Jean has been a member and volunteer at CBSAC since 2008. Always welcoming as a Front Desk volunteer, she has helped in the kitchen, and both Jean and Bill were avid cinnamon bun salespeople.

A retired Registered Nurse (RN), Jean also served as a Member-at-large on the CBSAC Executive Committee. Unfortunately, Bill and Jean are leaving the Doylestown area and moving to Newtown Square. They will be dearly missed at our Center. Her name will be added to the Member of the Quarter Plaque at the Front Desk.

Book Club News!

The Club meets the 3rd Thursday of each month at 10:30AM. The "Book of the Month" is posted on the bulletin board in the foyer.

Maintaining club procedure, every member is responsible for obtaining their own copy of the book (EBooks are easily available at most public libraries).

MESSAGES

VETERANS INFO

The Bucks County Tour of Honor completed its 11th trip to Washington, D.C. this past April. Four (4) busloads of World War II, Korea, Vietnam and Vietnam-era and War on Terrorism Veterans visited some of our Nation's Memorials. Center member Henry Stocharski, a Vietnam-Era, U.S. Navy Veteran was on this trip. Last year, Paul Hamilton, U.S. Army Veteran and Colleen's Uncle Joe, U.S. Navy Veteran made this trip. This would have been my 11th trip as a bus captain. Unfortunately, I was side-lined with a virus. Doylestown's Albert R. Atkinson, Jr, American Legion Post 210 has completed the first section of their "Path of Honor." Ninety-two (92) bricks inscribed with the names of Veterans, provides a visual tribute to service members who faithfully served our country. The second section is currently being planned. If you wish to honor a family member or friend who served in our military by dedicating a brick on the "Path of Honor", contact Post 210 via website www.doylestownpost210.org or call Mike (215)872-4019 or Tom (873)558-0693).

Local Memorial Day Observances:

Led By Doylestown's American Legion Post 210, 1,300 flags were placed at Veterans gravesites in Doylestown Cemetery. A total of 2,300 flags were placed in local area cemeteries.

Paul Hamilton rode in Doylestown 156th Memorial Day Parade.

Plumstead Township dedicated the 4th of five (5) bridges in memory of the Township's Veterans on June 15, 2024.

Jerry

RENTALS

The Plumstead Room is a beautiful hall that provides seating for up to 175 people. This room has been rented for weddings, banquets, parties, showers, sweet 16 parties, graduations, business meetings, and other events. We have a full commercial kitchen available. Our restrooms are conveniently located near the hall. Our outdoor pavilion and courtyard, are also available for appropriate activities. For smaller affairs or meetings we have the Bucks County Room .

We also provide limited resources for technology usage during events and presentations.

Please contact the center for further information at 215-348-0565 or 215-348-0566



In Requiem

Members who have recently passed away

Robert Burns Tom Stewart

If you are aware of a member who has passed away, please notify us.

Special Events

CB Mavens @ MahJongg

We have been playing Mah Jongg since 2009 at the center! You can find us in the Bucks County Room every Tuesday and Thursday from 12:00 Noon to 2:30PM. Both experienced and new learners are invited to drop in. play, or just watch while we explain. We are a social, friendly group who play for fun.

This is a challenging game with an annual card that dictates the groups of Chinese tiles to win. There are colorful flower tiles, jokers, dragons, and 4 suits: Bams, Cracks, Dots and Winds.

There is a \$2 donation (\$4 for non-members) per person per session to benefit the center.

Please join our games and nurture new friendships, as well as engage your mind and have fun.



The Crafters Group

Joyful Summer

Our Crafters have been very busy this spring making all types of items.

Our eyeglass cases have been a hit! And all our vases with flowers for Mother's Day.

Memorial Day items have also been good items to sell.



(from left to right: Karen, Karin, Linda, Sue, Dolores, Gay, Joan, Arlene)

We hope to have a CHRISTMAS IN JULY SALE AND A PILLOW SALE IN AUGUST.

Looking forward to some vacation time with family and friends.

Other Good Stuff

REGULAR HAPPENINGS

BINGO EVERY MONDAY

Applegate Thursdays (when available)

Weis Bakery Wednesdays

Snipes Food Distribution begins June 26-every other Wednesday

Board Meeting 1st Wednesdays

General Membership Meeting 1st Wednesdays

Blood Pressure screening – second Monday of every month

Birthday Celebration - second Monday of every month

CLOSURES

July 4 & 5—Independence Day

September 2—Labor Day

September 6—No activities, no lunch, only Senior Expo

SPECIAL EVENTS

Senior Expo - September 6, 1:00 to 3:00PM

UPCOMING EVENTS;

July 11—Hot Dog Picnic (cold lunches available)

July 25-L&L—Register of Wills, 12:30PM

August 15—L&L—Nutrition, 12:30PM

Chair Volleyball

We currently have a growing number of enthusiastic players and welcome any other interested people.

An attempt to organize a possible Chair Volleyball Tournament at our center is underway. Stay tuned or inquire at the front desk for any new developments.



For Your Information



July 5-21



July 26-Aug 18



Aug 23-Sept 8

These are shows at Music Mountain Theater, Lambertville, NJ. If you are interested, tickets are \$30, and you need to pay at the time of signing up.

Travel Committee

Future Trip!

Trip to NYC to visit the 911 Museum,
details will be posted at the Center.

Lancaster Sight & Sound!

Diamond Tours Bus Trip,
details will be posted at the center.



In Memory Of...

Dorothy Chickara

Thank you to the “Mah Jongg Mavens” for their donation of a red crepe myrtle bush in memory of “Maven” Dorothy Chikara. Dorothy joined the Center in 2018 and learned how to play Mah Jongg here. In addition to Mah Jongg, she enjoyed gardening, crocheting and cooking. She had been a bank manager before retirement. Diana Hazzard (in photo) and Carolyn Ford planted the bush.



- IMPORTANT INFORMATION -

President's Message

Thank you to all who voted. A special thank you to Linda for the great job she has done as President. I hope that I can do as well. I ask all of you for your support and I look forward to serving you as your President starting in July. I plan to listen to all of your suggestions; however I ask that you help us in achieving a solution. My plan is to be here every day and to be accessible to all members. The first priority of the Board is to assign job responsibilities to the Board members. I will be calling on everyone's input. Again thank you for your confidence in me.

Audrey Jefferson

First Vice President's Message

Thank you for voting for me as the First Vice President for our Board. I will be replacing Barb Metwally who has been amazing in that position. I look forward to working with everyone. Please come to me if you have any questions or suggestions. Here's to a Great Year!!

Marge Rubin

2024-25 CBSAC EXECUTIVE COMMITTEE ELECTION RESULTS



President Audrey Jefferson



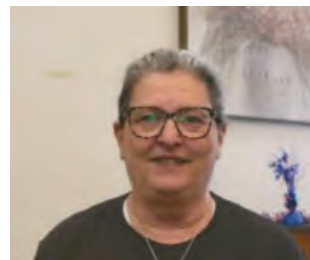
First Vice President
Marge Rubin



Second Vice President
Carolyn Ford



Treasurer Rick Gaver



Secretary Catherine Borges

INFORMATION

Farmers' Market Food Vouchers

Fridays between 10:00AM and 12:45PM vouchers are available in the office to those who are over 60 and live in Bucks County. You will receive five vouchers worth \$10 each to be used at local Farmers' Markets. When using the vouchers, you won't get change back, so be sure to purchase at least the face value of the coupons.

A list of the local markets will be provided.

The program will continue until all vouchers are given out. One set of vouchers per person

Christmas Gala

The Christmas Gala is a program for people who live alone. If you qualify for the program, an application will be available in August in the office. Complete the application with your wish list. In December the Christmas Gala will deliver gifts to our members who qualify.

Senior Expo

The Senior Expo is sponsored by Pennsylvania State Senator Steve Santarsiero and State Representative Tim Brennan on Friday, September 6, from 1:00 to 3:00 PM. There will be no lunch that day, and there will be no regular activities. We encourage our members to attend the Senior Expo.

The Center will be open for Farmers' Market Food Voucher sign-ups from 10:00AM to 12:45PM.

The Knitting Group

Our Knitters and Crocheters are still going strong with their needles. If you have any suggestions as to what we might make, let us know.

We have face cloths, make-up removers, knitwits dolls, scrubbies and kitchen dish towels (seasonal). Come in and check out the rest of our stock.

Anyone interested in coming in to sit and do your craft is welcome!

We have a lady named Mary that comes in and knits for her own charities. She enjoys the friendship of our group. Thank you for any donation of yarn we've received. We do appreciate any donations of finished items or yarn. All our money goes to the benefit of CBSAC.



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Paula Campbell
TEAM

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COMPASS RE



WEEKLY CLASSES AND ACTIVITIES



Bingo > Monday, 1:00PM, Snacks - \$1.00 per card

Book Club> 3rd Thursday 10:30 AM

Bridge > Monday and Friday 9:00 AM to 12:00PM \$2

Bridge for Beginners > Wednesday, 9:00AM \$2

Canasta > Tuesday 12:00PM \$2
Thursday 12:00PM \$2

Chair Volleyball > Monday 10:30 AM
Friday 12:30PM

Chair Yoga > Monday & Wednesday - 10:30AM \$5

Chorus> Tuesday 1:00PM \$2

Country Line Dancing > Wednesday 10:30AM \$3

Crafts > Thursday 11:00 AM

Dance Exercise >
Tuesday & Thursday 9:45 AM to 10:30AM \$4

Double Deck Pinochle >

Wednesday 12:30PM to 3:00PM \$2

Friday 11:30 PM to 2:30 PM \$2

Fitness Fiesta >

Monday & Wednesday 9:15AM to 10:15AM \$5

Knitting > Thursday 12:30PM to 3:00PM

Library > Monday thru Friday 9:00AM to 3:00PM

Mah Jongg > Tuesday & Thursday , 12:00to
2:30PM \$2

Meditation > Friday—1:00PM to 2:00PM \$2

Poker > Friday, 12:15PM to 2:30PM \$2

Pool (Billiards) > Daily 9:00AM to 3:00PM
(Donation)

Seated Exercise > Tuesday & Thursday 10:30 AM
to 11:30AM \$3

Table Tennis > Daily 9:00AM to 3:00PM

Tap Dancing with Ron >

Tuesday 12:45PM to 3:00PM \$3
Intermediate/Advanced

Toe Tappers >

Wednesday 12:45PM to 3:00PM \$3
Beginners (2:00PM)



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